

FIMU ry Joins VALTTI Program: Expanding Inclusive Sports Opportunities for Children and Youth with Disabilities

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Sport has consistently been one of the most effective ways to integrate into society. It not only provides an opportunity to meet others who share a passion for the same sport, but it also fosters a healthy environment, which has long been a fundamental aspect of Finnish culture.

According to Finnish law, physical activity is a basic cultural right. The goal of the act of FIMU ry, the Finnish Multicultural Sports Federation (Suomen Monikulttuurinen Liikuntaliitto ry), enhances the equality plan in the course of gender minorities and disabled, they have announced several initiatives focused on promoting inclusivity in sports.



Source: Official FIMU website

FIMU ry, known for its contributions to fostering inclusivity and diversity. Founded on the principles of equality and empowerment, FIMU ry has been instrumental in driving positive change across various sectors, from education to community development. FIMU ry works towards creating environments where individuals of all backgrounds can thrive and contribute meaningfully to their communities.



Source: Official FIMU website

The VALTTI program, aimed at providing sports opportunities for children and young people with disabilities, opened its application process in March 2024. Activities started in April 2024, Managed by the Finnish Paralympic Committee with involvement from FIMU ry.

While the general deadline is April 30th, some regions may have different deadlines extending into May. Such as Joensuu, Kajaani, Kuopio, Lahti, Heinola, Rovaniemi, Seinäjoki, and the Tampere region, where spaces are still available. More information about the program can be found on the Finnish Paralympic Committee's website.

By championing such initiatives, FIMU ry not only expands inclusive sports opportunities but also continues to make tangible strides towards a more inclusive and equitable society. Furthermore, FIMU ry's involvement in the VALTTI program provides an opportunity to challenge stereotypes and misconceptions surrounding disability and sports.